



# Course: Lay Responder First Aid and CPR/AED Instructor

## **Purpose**

To train instructor candidates to teach basic-level American Red Cross First Aid, CPR and AED courses for lay responders.

## **Prerequisites**

- Minimum age of 16.
- Possess a Fundamentals of Instructor Training certificate (Certificate 3007) issued within the last year or a current National Health and Safety Instructor authorization (F5736 or Certificate 3005).
- Pass a precourse written exam with a score of 80 percent or higher on each component and successfully demonstrating competency in the skills evaluation in accordance with the established skill standards.

## **Learning Objectives**

Upon conclusion of this instructor course, candidates should be thoroughly familiar with course materials and should be able to—

- Demonstrate the characteristics required of an American Red Cross representative and role model.
- Teach courses in a manner that helps participants stay engaged in the learning process.
- Ensure participants' health and safety during training.
- Demonstrate applicable first aid, CPR and AED skills at an appropriate level of performance.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific program they will be teaching, and evaluate participants.
- Monitor participants' practice and provide corrective feedback and encouragement consistent with the critical skill performance steps.
- Choose the appropriate course and materials to meet the specific training needs of participants or groups.

## **Length**

Approximately 16 hours (based on 6 instructor candidates per instructor trainer).

## **Instructor**

A currently authorized American Red Cross Lay Responder First Aid and CPR/AED Instructor Trainer.

## **Certification Requirement**

- Successfully complete the precourse session.
- Attend and actively participate in all course sessions.
- Successfully complete class activities, including practice-teaching assignments.
- Pass the instructor course final written exam with a score of at least 80 percent.

**Certificate Issued and Validity Period**

Lay Responder First Aid and CPR/AED Instructor—Authorization is for 2 calendar years. All authorizations expire on December 31 of each year. Initial authorization may be less or more time depending on when training is completed.

**Participant Products/Materials**

- *First Aid/CPR/AED for the Workplace Participant's Workbook* (StayWell Stock No. 656694)
- *First Aid/CPR/AED for Schools and the Community Participant's Manual* (StayWell Stock No. 652145)
- *Adult CPR/AED Skills Card* (StayWell Stock No. 656691)
- *Infant and Child Skills Card* (StayWell Stock No. 656695)
- *First Aid Skills Card* (StayWell Stock No. 656692)